

Plus-Size: The statistics

32%

OF THE WORLD'S
POPULATION ARE
OBESE
(BMI \geq 30kg/m²)

68%

OF THE WORLD'S
POPULATION ARE
OVERWEIGHT
(BMI \geq 30kg/m²)

14%

of children and adolescents
are overweight or obese
worldwide

62%

of the world's obese live in
developing countries

90%

of people living with type 2
diabetes are overweight or
obese

ZERO

The number of countries succeeding in
decreasing obesity in last 33 years

3.4 million

deaths caused by being overweight and
obese



More than **50%** of the world's **671 million** obese people live in 10 countries:
US, China, India, Russia, Brazil, Mexico, Egypt, Germany, Pakistan and
Indonesia

In the UK, 64% of adults are
classed as being overweight
or obese

Almost 3 out of 4 Indians
are overweight and 1 out of
3 are obese



Source: The Lancet (2014), Vol 384,
August 30, 2014

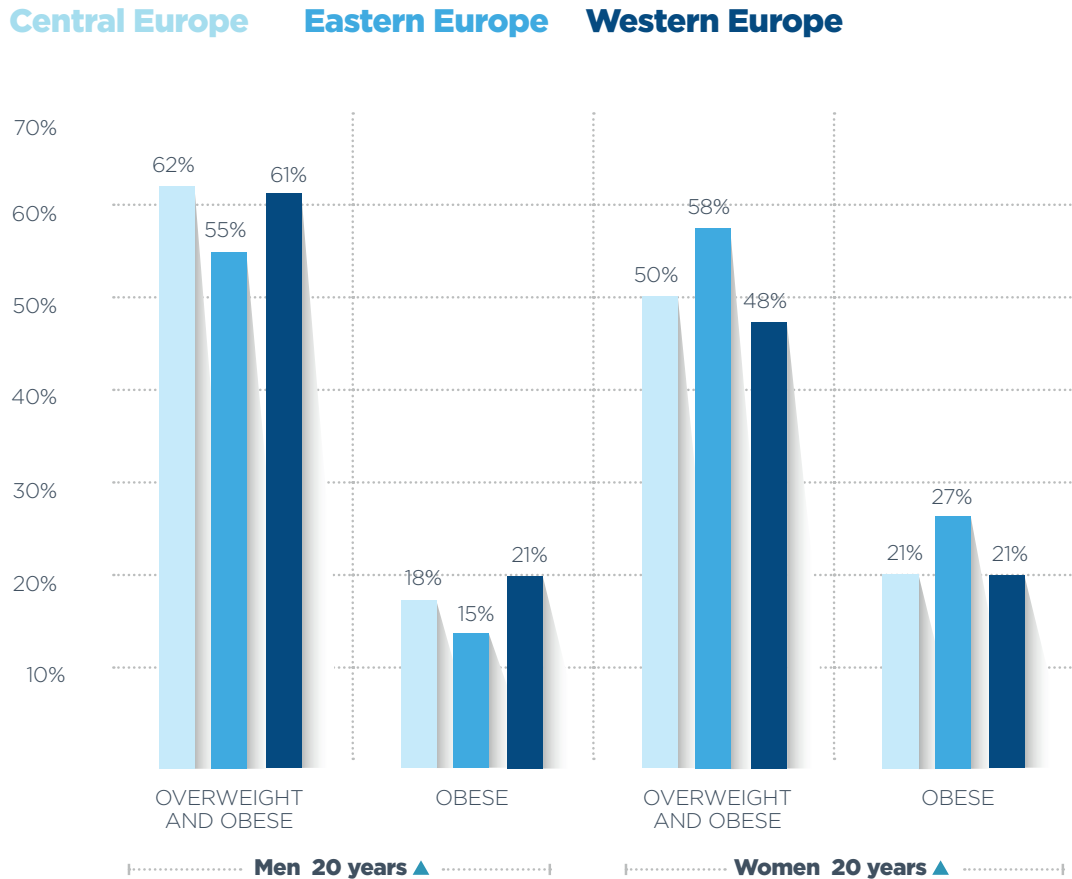
Knowledge bank



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Prevalence of overweight and obese

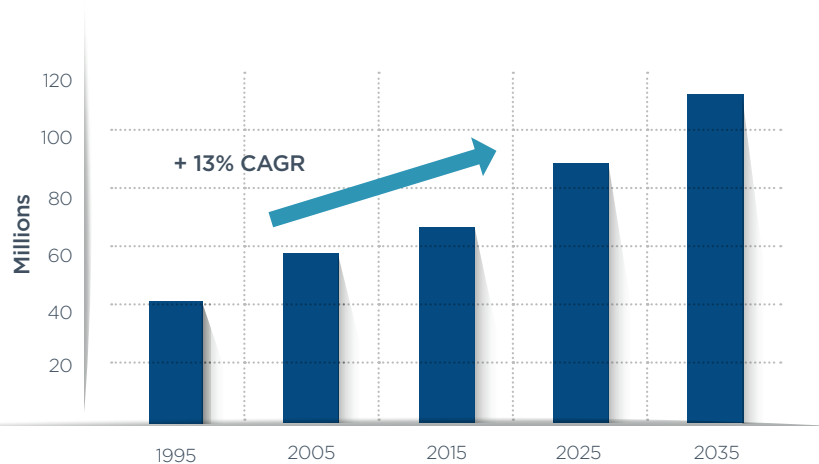
Gender and groups in European regions, 2013



Note: Obesity = BMI ≥ 30 and obesity = BMI < 30 kg/m². The prevalence of overweight and obesity for men and women separately and for 17 age groups (from 2-4 years to 80 \geq years)

Source: The Lancet (2014), Vol 384, August 30, 2014

Obesity patterns (BMI ≥ 30) Number of obese people, Aged 20+

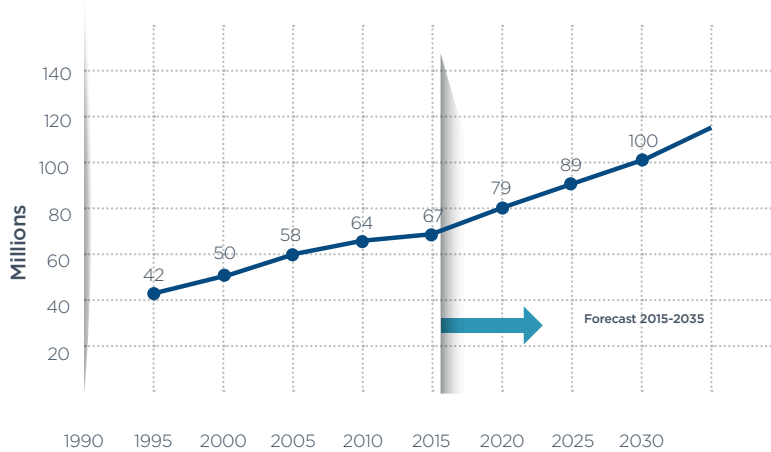


Western Europe

Source: The Lancet (2014), Vol 384, August 30, 2014

Obesity patterns (BMI ≥ 30)

Number of obese people, Aged 20+



Western Europe

Source: The Lancet (2014), Vol 384, August 30, 2014

BMI classification

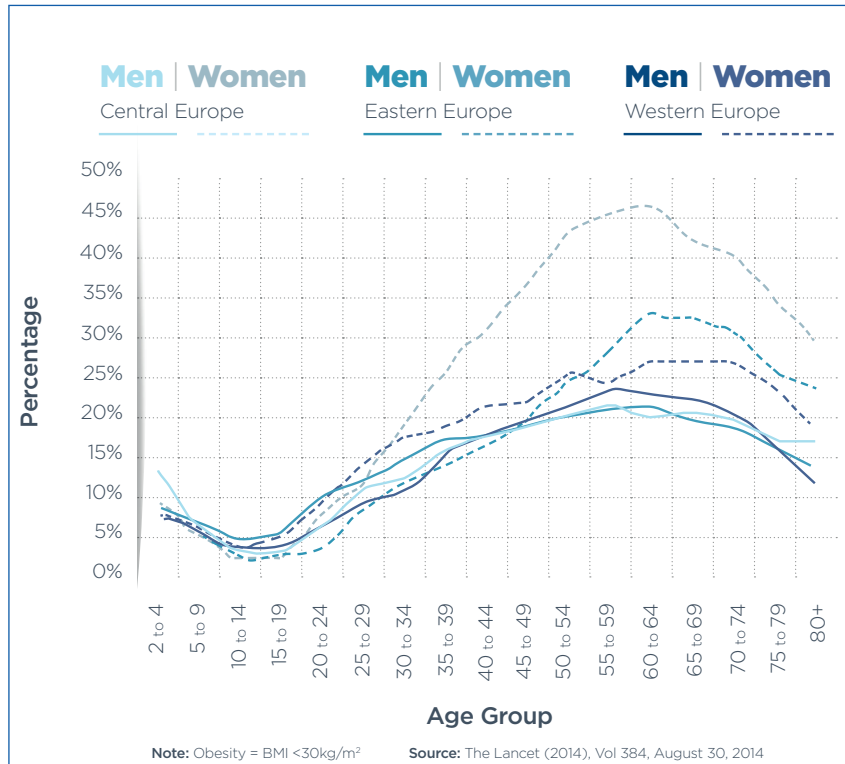
The classification of weight category by BMI

Classification	BMI (KG/M2) Principal Cut Off Points	BMI (KG/M2) Cut Off Points for Asians*
Normal Range	18.5-24.9	18.5-22.9 23.0-24.9
Pre-Obese	25.0-29.9	25.0-27.4 27.5-29.9
Obese Class 1	30.0-34.9	30.0-32.4 32.5-34.9
Obese Class 2	35.0-39.9	35.0-37.4 37.5-39.9
Obese Class 3	≥ 40.0	≥ 40.0

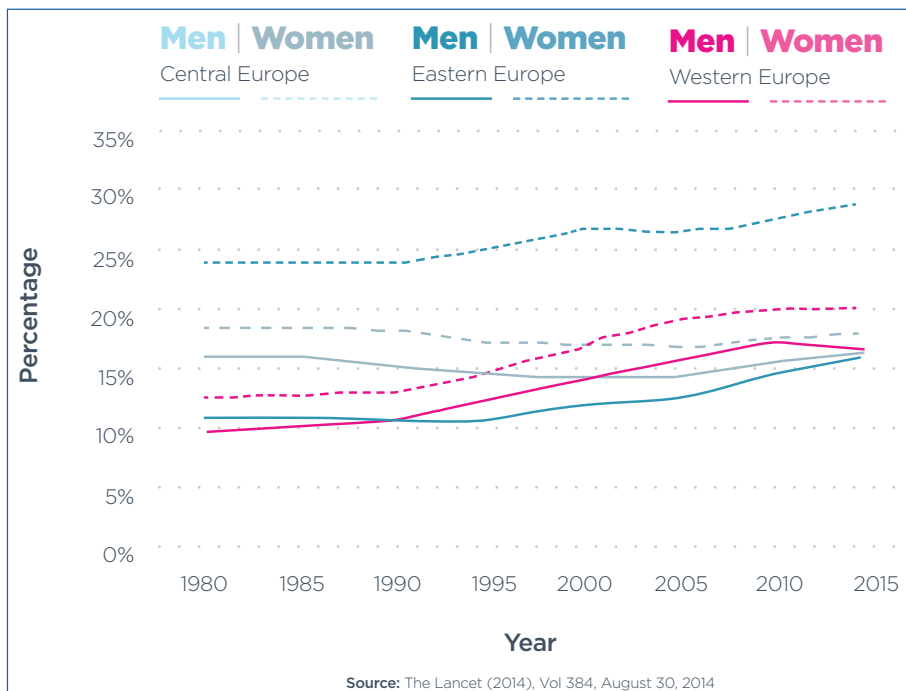
For Asian populations, classifications remain the same as the international classification, but the public health action points for interventions are set at 23, 27.5, 32.5 and 37.5 kg/m².

Source: Adapted from the World Health Organisation (WHO) 2004.

Obesity according to age group



Obesity in adults by year



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